

Sermon Notes
A Psalm a Day Keeps the devil Away
Psalm 30

The Life & Times of Maury Mason & King David

Psalm Basics

Psalm 30

- Thanksgiving Psalm (individual then national)
- Author: King David
- Focus: a testimony of God's deliverance
- Subject: God's faithfulness in times of need

Outline:

vs. 1-3: Thanks to God for his deliverance & restoration

vs. 4-5: a call for God's people to thank & praise The Lord

vs. 6-7: a confession of self-sufficient pride

vs. 8-10: a prayer for deliverance

vs. 11-12: Thanks to God for his deliverance & restoration

v.6-7 ⁶When I felt secure, I said "I will never be shaken." ⁷Lord, when you favored me, you made my royal mountain stand firm; but when you hid your face, I was dismayed.

LIFE LESSON

When you decide to pride fully go your own way and do your own thing, God will allow that but remove His favor.

That's usually when trouble comes!

v.1 I will exalt you, Lord, for you rescued me.

You refused to let my enemies triumph over me.

v.2-3 ²Lord my God, I called to you for help, and you healed me. ³You, Lord, brought me up from the realm of the dead; you spared me from going down to the pit.

v.4 Sing the praises of the Lord, you his faithful people; praise his holy name.

v.5 For his anger lasts only a moment, but his favor lasts a lifetime; weeping may stay for the night, but rejoicing comes in the morning.

LIFE LESSON

God's Wrath brings sorrow & sadness
God's Favor brings life

v. 8 To you, Lord, I called; to the Lord I cried for mercy:

v. 10 Hear, Lord, and be merciful to me; Lord, be my help.

LIFE LESSON

When you're out of human solutions
and you've come to the end of yourself
the direction to look is UP

v. 9 "What is gained if I am silenced, if I go down to the pit? Will the dust praise you? Will it proclaim your faithfulness?" silenced = blood; pit = sheol; dust = dead

v. 11 You turned my wailing into dancing; you removed my sackcloth and clothed me with joy,

v. 12 that my heart may sing your praises and not be silent. Lord my God, I will praise you forever.

LIFE LESSON

God's restoration, forgiveness,
deliverance and faithfulness are
ALWAYS occasions to praise & thank Him

Bridge to Jesus—The New Covenant of GRACE

James 4:6-10 6b “God opposes the proud but shows favor to the humble.”

⁷ Submit yourselves, then, to God. Resist the devil, and he will flee from you.

⁸ Come near to God and he will come near to you. Wash your hands, you sinners, and purify your hearts, you double-minded. ⁹ Grieve, mourn and wail. Change your laughter to mourning and your joy to gloom. ¹⁰ Humble yourselves before the Lord, and he will lift you up.

Come close to God and God will come close to you

(THIS WEEK: READ PSALMS 36-42)